



GREETERS AND HOSTS

If you are volunteering to host please serve light refreshment.

If you arrive early and wish to greet - kindly welcome guests and invite them to sign the visitor's book.

All members are invited to serve your congregation by greeting and hosting. If you wish to volunteer, contact the editor or sign the sheet in the foyer.

Calendar

Tues. & Weds: Holistic Health Center

Mon, Weds, Fri: Food Pantry

6/6 – Annual Meeting
6/8 - Board Meeting

Submit articles for the next newsletter by the 20th of this month to carrl@hotmail.com

The Bay Watch

of the Unitarian Universalist Society of South Suffolk
28 Brentwood Road, Bay Shore, NY 11706-8011
631-968-0667 uusouthsuffolk.org uusss@verizon.net

June 2010

Statement of Mission

We, the Unitarian Universalist Society of South Suffolk, are a church fellowship that creates a safe home for all people in their spiritual search. We offer services of worship, religious education, and community outreach in an atmosphere that promotes serenity, compassion, mutual support and fun. We celebrate the inner spiritual spark that connects us all.

THANK YOU for turning off cell phones during Service.

Worship begins at 10:30 A.M.

SERVICES OF WORSHIP

June 6: Karyn O'Beirne – *Where do you end and we begin?*

The art of worship in community--what is it or more importantly what isn't it? Religion is the gathering of 2 or more for the purpose of transformation, support, wisdom and worship. Let's worship together and see what we create. Special guest speaker Rev. Nancy Arnold, UUSSS Pastoral Care Minister.

UUSSS Annual Business Meeting – following the worship service.

Make sure your voice is heard and your vote counted. Attend the UUSSS Annual Congregational meeting. Our new board will be presented and voted in; a Budget will be explained and voted on. Come and exercise your member rights and take part in our democratic process.

A congregational conversation will immediately follow the Annual Business Meeting.

These conversations allow for more open and collective dialog to take place. Stay and join the conversation.

June 13: Rev. Nancy Arnold – I Do Recess

Unitarian Universalist ministers (and many congregations) are accustomed to a shift in pace during the summer months. For ministers, it is a time to replenish and plan for the following church year. For congregations, the respite offers the opportunity to try out different, perhaps more informal, forms of worship. Today we will consider the positives of taking a break from our normal routine and responsibilities.

June 13: “The UU Spirit: Blessed Be!” After worship, the Summer Worship Team will meet in the sanctuary to complete the calendar and answer any questions about the series. If you are preparing a service, or want to work on the worship calendar planning, please stay for a very short organizing session. Bring your coffee.

June 20 - Laura DeSario – Liberal Religion in a New Century

In 1964, the Rev. Jack Mendelsohn published *Being Liberal in an Illiberal Age: Why I am a Unitarian Universalist*. Now, almost five decades later, is this an illiberal age? What does it mean to be part of a liberal religion now? What will you say when

the question is "Why are you a Unitarian Universalist?"

June 27: Karyn O'Beirne

Meditation Mondays

With the extra sunlight and activity in my home, I have decided to suspend meditation Mondays until the quiet returns in the fall. If someone would like to sponsor a place & time for a group meditation, please feel free to contact me about setting something up.

In the meantime there are plenty of other opportunities to practice meditation in a group. Below are some places to start exploring.

Huntington UU & UU Bellport have Meditation gatherings.

For Bellport Meditation contact www.onemindzengroup.com
631-286-3204

For Huntington contact <http://www.uufh.org/>

For listing of meditation centers in Long Island:

http://www.longislandbrowser.com/religion_spiritual/buddhism.shtml

Other opportunities:

Long Island Meditation Center
<http://www.buddhistmessage.org/>
5 Baylis Avenue
Port Jefferson, New York 11777
(631) 828-6296
NandaHimi@BuddhistMessage.org

St. Ignatius Jesuit Retreat House
251 Seasingtown Road
Manhasset, NY 11030

Phone: (516) 621-8300
Fax: (516) 621-7201
Email: INISFADA@INISFADA.NET
Website: WWW.INISFADA.NET
Zen Tuesdays & Wednesdays:
7:30pm-9:00pm. & Sundays: 8am-
9:30am. Meets in the Interfaith Room.
Beginners Zen Meets Wednesdays
7:15 pm-8:00 pm. Beginners are
welcome to stay for the 7:30-9pm
sitting.
Tabor Retreat Center
60 Anchor Ave, Oceanside, NY 11572
Tel.: 516-536-3004
<http://www.taborretreatcenter.org/>

NY Open Center
www.opencenter.org
212-219-2527

Introduction to Awareness Meditation
Friday June 25 7-9pm
Joy of Living- A Meditation Training
Level 1 Calming the Mind
Saturday & Sunday June 26&27
10:00- 5:30pm

Insight Meditation
Mondays July 19-August 23
6:-7:00pm

With gratitude, if not always silence,
Karyn

Monthly Restaurant Night

The next gathering will be
6PM on Tuesday June 1 at
Joe's Pizza
73 Howells Rd
Bay Shore, NY 11706
631-665-2524

Free-thinkers AA Group

The Free-thinkers Alcoholics
Anonymous group will meet Thursdays
at 7:30 PM in the Sanctuary. For more
information contact
x54bassman@optonline.net or
fscad@optonline.net.

RE Schedule

June 6th - Class
June 13th - No Class
June 20th - Class
June 27th - Last Class before Summer
Break. There will be an end of year
party for the RE program following
class.

There will be no RE class in July or
August.

Caretaker's Corner

Doug and Tamar Beecher
(631) 968-0667
eagletechie@gmail.com
Office Hours
M and W 6-8 pm

Bay Shore Emergency Food Pantry - Help Wanted

The Bay Shore Emergency Food
Pantry is seeking volunteers. Please
contact the food pantry directly for
more information. If you can not
donate your time leave non-perishable
food items in the basket in the foyer.

Let's get ready for Summer

With the summer coming there is
plenty of work to be done in our
gardens. If you like to garden and

would like to help out bring your gardening clothes and gloves to services in June. Doug will be in the garden, weather permitting, after services for the first three Sundays of June. Come for an hour or spend the afternoon...

Mid-Summer BBQ and Fundraiser

Doug is back behind the grill for a lunch in the Garden following services August 1. There will be a suggested donation of \$8 per person. Bring your lawn chairs and enjoy the garden. Please be sure that you take a minute to sign-up for this event in the foyer.

Planning and our calendar

We have started booking the calendar through November. If you would like to make use of the building please make arrangements with Doug as soon as possible.

PAID ADVERTISEMENT



Connect with Lay Leaders

Church Office: 631-968-0667

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