



GREETERS AND HOSTS

If you are volunteering to host please serve light refreshment.

If you arrive early and wish to greet - kindly invite guests to sign the welcome book.

All members are invited to serve by greeting and hosting. If you wish to volunteer, contact the editor or sign the sheet in the foyer.

Calendar

Tuesday: UU on TV, 1pm
(*New Time for "UU View"*)

Tues. & Weds: Holistic
Health Center

5/3 Vision Gathering

5/9 Eclectic Café

5/12 Board Meeting

5/16 rummage sale

5/22 Games Night

6/7 Annual Meeting

Submit articles for the next newsletter by the 20th of this month to carrl@hotmail.com

THANK YOU for turning off cell phones during Service.

The Bay Watch

of the Unitarian Universalist Society of South Suffolk
28 Brentwood Road, Bay Shore, NY 11706-8011
631-968-0667 uusouthsuffolk.org uusss@verizon.net

May 2009

Statement of Mission

We, the Unitarian Universalist Society of South Suffolk, are a church fellowship that creates a safe home for all people in their spiritual search. We offer services of worship, religious education, and community outreach in an atmosphere that promotes serenity, compassion, mutual support and fun. We celebrate the inner spiritual spark that connects us all.

Worship begins at 10:30 A.M.

SERVICES OF WORSHIP

May 3: Karyn O'Beirne - *The Three Legs of a Small Congregation*

Centering, Connecting and Creating Change are the three legs that keep our congregation strong, stable and vital. Let's check in and see how we all create and uphold our principles within our own beloved community.

Immediately following the service we will gather for our Vision Gathering, the Sequel. Please let Karyn know if you will be attending so there will be lunch for you.

May 10: Laura De Sario - *They called it Mothers' Peace Day*

UU's are especially fond of telling the story of Julia Ward Howe, the Unitarian poet and abolitionist who advocated for Mothers' Peace Day. There have been many other women activists for peace, and we will be telling some of their inspiring stories, too, today.

May 17: Rev. Nancy Arnold - *Religious PTSD*

One of the inhibitors to fully realizing our religious potential is that we might call "religious PTSD" -- post traumatic stress disorder. Though we are most familiar with PTSD in individuals who have been traumatized in war or through violence, I believe that some of our UU reactivity to certain words or rituals may be due to wounds we carry from childhood religious experiences. Today we'll explore ways in which we can help ourselves to heal and grow as spiritual beings.

May 24: Memorial Day Weekend Service

Traditionally Memorial Day celebrates persons who served in our wars. This Sunday we will also honor those who served Peace. Please bring photos or mementos of loved ones who served in either war or peace. We will also look at the idea of a US Department of Peace and how that would change America's perception of its role in the world.

Immediately following the service there will be a pot luck Brunch at Janet Schlageter's house in Islip NY, about 2 miles from the Sanctuary. Please bring a dish to share. Contact Janet for directions.

May 31: Karyn O'Beirne - I Don't Know

Why is it so hard to say these three little words? Why are we compelled to have an opinion on, well, almost everything? But do we really know? Come and explore the freedom of not knowing.

June 7: Laura DeSario - Enter, Rejoice and Come In - Reflections on Finding your Spiritual Home

Let's take a few moments to celebrate the UU Society of South Suffolk, and the mission of creating the "beloved community" of liberal religious people that has inspired hearts for 55 years. After a short worship service, members will convene to do the important, democratic work of running the church.

The Fellowship Hour

An important part of our Sunday morning worship gathering begins right after the extinguishing of the chalice. That's when we meet over coffee and tea, with a healthy nibble or two. It's a time to come

face to face, to laugh and debate and share and discuss and connect. We rely on our volunteer hosts to create this invaluable time by coming in early to start the coffee and set up, and to clean up afterwards. If we all take turns, each person will host about once a year.

If you haven't yet hosted at the fellowship hour this year, check out the sign-up sheet when you pick up your name tag. Please take part in nourishing your community (literally).

Vision Gathering the Sequel

Sunday, May 3, 2009 11:30 – 3:00pm

Last summer we gathered to share our experiences of the past at UUSSS. We moved into the present and looked at where we were and celebrated our resiliency and strengths. Now we gather to explore and lay out our collective vision for the future of our religious home. Please join us for group activities that will facilitate the creation of a clear and full-bodied vision for the coming years. We will eat lunch together then dive into the work and fun of fleshing out our intent for UUSSS. Please join in and be part of the creation of our future. Nothing happens until we dream it! We will gather in the sanctuary and start off by appreciating all we have accomplished since we last voted at our Annual meeting in June 2008.

Lunch will be provided, but please bring a dessert for break-time if you have a sweet

tooth and would like to share a treat with your fellow UUs. Please let Karyn O'Beirne know if you will be attending, so we can order enough food for all. You can e-mail your reservation to Karyn@consultant.com.

Memorial Day Weekend Picnic

On Sunday May 24 following Sunday service there will be a picnic/luncheon at Janet Schlageter's home. Please bring a dish or beverage; there will be a sign-up sheet in the foyer. There is a small lake in the back and canoe, but only two seat pad flotation devices. Anyone with children would have to provide their own flotation jackets. If anyone has any lawn games to share they should bring them. There are fish in the lake, fishing poles are welcome. Parents with kids should always bring an extra set of clothes and towels...just in case! Also- one or two volunteer cooks are needed! Please contact Janet at JHSFlow@optonline.net for more information.

Yard Sale

Our next yard/rummage sale will be Saturday May 16. If you have anything that you would like to get rid of (a great time for spring cleaning!) please let us know. Clothing, books, CD's, glassware, books, small bits of furniture, bric-a-brac, and did I mention books? Also urgently needed: volunteers to set up in the morning and help out during the day. An hour or two would be great!

Any member who wishes to reserve a table to sell a product or craft may do so by letting Carl Richter or any board member know by May 10th.

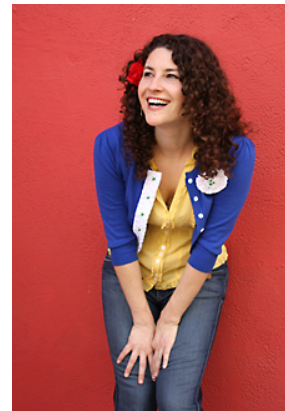
The Eclectic Cafe

Saturday May 9

Abi Tapia

and

The Red River
Ramblers



LAST SHOW OF THE SEASON!!!

Showtime is 8:30 PM, open mike at 7:30. Admission is \$10 for non-members (\$5 for High School students with ID), and \$8 for members. Membership is \$12 a year. Family memberships are also available. Ask at the ticket table for details. Refreshments are available. We would also appreciate a donation of canned or dry food for local charity. For more information see:

<http://www.eclecticcafe.org/>

Religious Education Class

May 3 – class
May 10 – class, Mother’s Day
May 17 – class
May 24 – no class, Memorial Day Picnic
May 31 - class

Spiritual Sharing

We develop and share spiritual community in various ways. We celebrated the arrival of spring and our feelings of renewal and rebirth on Good Friday in April. Our service on an otherwise solemn day reflected the hope spring brings to many different cultures and religions. A simple shared dinner followed our service. All UUSSS members are encouraged to experience the community building opportunities offered by our services. Watch for the details of our Summer Solstice celebration incorporating readings and our indoor labyrinth.

Free-thinkers AA Group

The Free-thinkers Alcoholics Anonymous group will meet Thursdays at 7:30 PM in the Sanctuary. For more information contact x54bassman@optonline.net or fscad@optonline.net.

Recycling Notes

THANKS to all for bringing your batteries to UUSSS for proper disposal. We are now accepting printer ink cartridges as well.



Caretakers’ Corner

Doug and Tamar Beecher
(631) 968-0667
eagletechie@eye-catcher.com
Office Hours: M-4:30-6:30PM and
W-4:30-6:30PM

Lost and Lonely Items:

Over the past few months many items have been left behind. Most of these are dishes from potluck meals. We would love for these items to find their way home. If they are not claimed they will be put up for sale at the Yard Sale.

Service Auction:

The Service Auction will be happening on October 17th 2009. Please be sure to fill out your promissory note and return it to Doug as soon as possible. If you have questions about this event or need more promissory notes please contact Doug.

Games Night:

May 22nd 7:30pm. Bring a snack or a drink to share with friends. All are welcome!

Spring is Here!!!!

As we look around us we can see the world turning green again. With the turning of the seasons there is a lot to do around our congregational home. Please make some time to volunteer and help make our spiritual space a better place. There are indoor and outdoor projects that need to be done. If you have time and are interested in volunteering contact Doug.

Personal Note:

Thank you to everyone who helped out and was understanding while I was ill. I am feeling better and am looking forward to working with you all as we move forward.

-Doug

Connect with Lay Leaders

Church Office: 631-968-0667

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